

# Online Workshop for Parents & Carers

## School Avoidance

Discuss reasons behind school avoidance and ways to support your child to manage anxiety.



Sign up to one of  
the time slots using  
the QR code or by  
clicking [here](#).

Wed 6<sup>th</sup> August 12-1pm

OR

Wed 13<sup>th</sup> August 6-7pm

OR

Wed 20<sup>th</sup> August 12-1pm

Minds Matter: You Matter

For better mental health visit

[www.hfehmind.org.uk](http://www.hfehmind.org.uk)

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**North West London**  
Clinical Commissioning Group



Hammersmith,  
Fulham, Ealing  
and Hounslow